



DESERT VALLEY PEDIATRICS

Preparticipation Evaluation Protocol

Desert Valley Pediatrics is dedicated to the health and well-being of all children and adolescents. We agree with the American Academy of Pediatrics that they should strive to get at least one hour of physical activity each day. Many achieve this by participating in organized sports. In doing so, they are required to undergo a preparticipation evaluation. This includes a review of their medical history and a physical examination. To ensure that student athletes are safe to participate in organized sports, Desert Valley Pediatrics will be implementing the following protocol:

- The evaluation is best completed in a medical setting, where the providers are more familiar with the student athletes and their medical history.
- Ideally, the exam should be scheduled six weeks in advance, prior to the start of the season. This will allow enough time to identify and rectify any medical issues that could potentially limit or prohibit participation.
- Student athletes and their parents or guardians are responsible for scheduling the appointment and providing the preparticipation physical evaluation form. Please confirm with your sports organization the correct form that needs to be completed.
- In order to maximize the benefits of the evaluation, student athletes should be dressed appropriately. During the preparticipation evaluation, your child should wear shorts and a short-sleeved t-shirt or tank top. Females may also wear a sports bra. During the winter months, they may bring the required clothing with them to change into at the appointment.
- Prior to the examination, the "History Form" must be completely filled out, no exceptions. This includes both the athlete and the parent/guardian's signatures. Incomplete forms will cause a delay and the provider will not be able to complete their portion. All "yes" answers must be explained. The parent or guardian must also provide emergency contact information at the bottom of the medical eligibility form.
- The completed form must accompany the athlete and the parent or guardian at the time of the appointment. The exam will not be conducted without a completed form. Do not drop off a form at our office and expect it to be completed after the fact.
- An electronic copy of the completed form will be kept in the student athlete's chart in our office.
- The examination will be billed to your insurance company as a courtesy. In the event that the examination is not a covered benefit by your insurance company, you will be responsible for a \$50.00 fee associated with the completion of the preparticipation form and the examination.